



PARK CENTER PROGRAMS & SERVICES

To make a referral visit our website: www.parkcenternashville.org

Psych Rehab (Park Center South)

- For adults 18 and over with diagnosis of severe & persistent mental illness.
- Must have TennCare insurance.
- Offers pre-employment training, skill building, community integration, and recovery groups M-F 9a-2p.
- Groups include Illness, Management, and Recovery (IMR), Wellness Recovery Action Plans (WRAP), wellness groups, anger management, etc.
- Located in the Gulch (801 12th Avenue South).
- Not appropriate for individuals with intellectual disabilities who have an IQ of less than 70.

Co-Occurring Psych Rehab (Park Center East)

- For adults 18 and over with diagnosis of severe & persistent mental illness and substance abuse issues.
- Must have TennCare insurance.
- Offers pre-employment training, community building, social integration, and co-occurring (12-step) groups M-F 9a-2p.
- Groups include: women's group, men's group, Adult Children of Alcoholics (ACA), Duel Recovery Anonymous (DRA), Wellness Recovery Action Plane (WRAP), Anger Management, etc.
- Located in East Nashville (948 Woodland Street).
- Not appropriate for individuals with intellectual disabilities who have an IQ of less than 70.

Outpatient and Intensive Outpatient Day Programs (Park Center East)

- For adults 18 and over with diagnosis of severe & persistent mental illness and current substance use.
- Offers intensive treatment regarding their co-occurring disorders including education, trauma groups, and co-occurring groups
- OP/IOP schedule runs Monday through Thursday 9a-12p.
- Located in East Nashville (948 Woodland Street).
- Not appropriate for individuals with intellectual disabilities who have an IQ of less than 70.

Emerging Adults Psych Rehab Day Program (Park Center North)

- For adults ages 18-24 with diagnosis of severe & persistent mental illness.
- Offers skill building, social integration, and recovery groups M-F 9a-3p.
- Focus on either continuing education or pursuing employment.
- Located in Inglewood (4501 Gallatin Pike).
- Not appropriate for individuals with intellectual disabilities who have an IQ of less than 70.

Supported Housing

- For adults with diagnosis of severe & persistent mental illness.
- Separate male house & female house, each housing up to 8, with 24/7 on-site staff support.
- Requires TennCare & rent payment of \$500 (including food and utilities).
- No time limit to services, though TennCare must continue to authorize consumer's eligibility.
- Cannot be sex offender.
- Located in East Nashville & runs off a wait list.

Safe Haven Housing/ Campbell House

- For homeless unaccompanied women 18+ with diagnosis of severe & persistent mental illness
- Must be literally homeless at least 3 out of the last 6 months (or homeless prior to entering facility)
- 120-day, time-limited housing; supportive services to help resident secure an income & permanent housing, however MUST actively pursue stable, affordable housing themselves as well.
- MUST focus on securing income, whether that be by employment or disability benefits
- Housing Case Managers work closely with residents during their time in the program.
- Houses up to 8 women at a time, with onsite staff support.
- No income or insurance required (*but if have income, rent will be 30% of income*).
- Cannot be sex offender.
- Located in East Nashville & runs off a wait list – once member is placed on wait list, a phone screening (within 2 weeks of being placed on wait list) will help determine if resident is appropriate for this program

Independent Housing

- For adults with diagnosis of severe & persistent mental illness.
- Must be sober and clean for at least 6 months (or sober for 3 months if in treatment).
- No insurance requirements; must be able to pay rent (ranging from \$300 to \$400) and daily living expenses.
- Will receive supportive services from staff, including weekly grocery & gym transportation, etc.
- 1-, 2-, and 3- bedroom units located throughout East Nashville (a few in Madison & Donelson).
- Runs off a wait list.

Emerging Adults Housing

- For adults ages 18-24 with diagnosis of severe & persistent mental illness.
- Separate male & female housing units. Female units include 24/7 on-site staff support. Male units require independence, with staff on-site only 6p-10p.
- Must have mental health hospitalizations OR adolescent foster care OR currently be homeless.
- Cannot be sex offender or have a past of sexual acting-out behaviors.
- No insurance or income requirements (*but if have income, rent will be 30% of income*).
- Located in East Nashville & runs off wait list.
- Not appropriate for individuals with intellectual disabilities who have an IQ of less than 70.

SSI/SSDI Outreach (SOAR)

- For adults with diagnosis of severe & persistent mental illness.
- Must have been experiencing literal homelessness (on the streets or in an emergency shelter) for one continuous year or longer OR have been literally homeless four or more times in the past three years.
- Must be in Davidson County.
- Cannot have an SSI/SSDI case currently pending.
- Outreach workers assist consumers in getting disability cases approved.

Employment Program

- For adults with diagnosis of severe & persistent mental illness.
- Must live in Davidson County.
- Provide supportive services for consumers seeking employment.

Street Outreach

- For adults with diagnosis of a severe and persistent mental illness, substance abuse disorder, or both.
- Must have been experiencing literal homelessness (on the streets or in an emergency shelter) for one continuous year or longer OR have been literally homeless four or more times in the past three years.
- Must have need for ongoing supportive services once permanent housing is obtained.
- Homeless individuals in Davidson County needing assistance can call outreach worker or our referral specialist - will assist in setting up appointment, finding housing, transportation, etc.