



Ph: 615-242-3576

Fax: 615-650-8917

[www.parkcenternashville.org](http://www.parkcenternashville.org)

# PROGRAM ELIGIBILITY

Park Center serves individuals +18 years old with a diagnosed severe and persistent mental illness (SPMI)\*. Our programs are not appropriate for individuals with intellectual disabilities who have an IQ of less than 70.

**\*SPMI's include: Major Depressive Disorder, Bipolar Disorder, Schizophrenia, and Schizoaffective Disorder.**

## Co-Occurring Services

### Outpatient and Intensive Outpatient Programs (Park Center East)

- For adults with mental illness diagnosis (SPMI not required) and current/recent substance use.
- Offers intensive treatment regarding their co-occurring disorders including education, trauma groups and co-occurring groups.
- Intensive Outpatient schedule is Monday through Friday 9am-12pm. Outpatient Program is about 9 hours per week.

## Emerging Adults Services

### Emerge Program (Park Center North)

- For young adults ages 18-24 with diagnosis of severe & persistent mental illness.
- Offers skill building, social integration, recovery groups, and community outings M-F 9am-3pm.
- **TennCare is required\***
  - \*If the individual does not have TennCare, **they could still be eligible.** If household income is 50% or less than the median income, they can attend the program for free. If household income is more than 50% of the median income, sliding scale fee applies.*
- Focus on continuing education or pursuing employment.
- Not appropriate for individuals with intellectual disabilities who have an IQ of less than 70.

### Emerging Adults Housing

- For adults ages 18-24 with diagnosis of severe & persistent mental illness.
- Separate male & female housing units. Female unit includes 24/7 on-site staff support. Male units require the residents to have a higher level of independence, with staff checking in once a day for 6 days a week.
- Must have mental health hospitalizations OR adolescent foster care OR currently be homeless.
- No insurance or income requirements (*if they have income, rent will be 30% of income*).



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## Employment

### Supported Employment

- For adults with a severe and persistent mental illness OR co-occurring disorders (mental illness and substance use disorder).
- Must live in Davidson County.

## Homeless Outreach

### SOAR (SSI/SSDI Outreach, Access, Recovery)

- For adults in Davidson County (not appropriate for those for whom physical disability is primary).
- Must have mental illness diagnosis and medical records for at least 12 months.
- Cannot have an SSI/SSDI case currently pending.
- Must be experiencing literal homelessness\*.

**\*Literal homelessness is defined by a person living on the streets or other places not meant for human habitation.**

## Psychiatric Rehabilitation

### Psychiatric Rehab. Day Program (Park Center South)

- For adults with diagnosis of severe & persistent mental illness.
- **Must have TennCare insurance.**
- Offers employment training, skill building, and recovery groups M-F 9am-1:30pm.
- Groups include Illness, Management, and Recovery (IMR), Wellness Recovery Action Plans (WRAP), wellness groups, anger management, yoga, art therapy, and 12-step groups for people with co-occurring disorders.



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## Residential Services

**We are unable to house people who are on the sex offender registry.**

### Independent Residential

- For adults with diagnosis of severe & persistent mental illness.
- Must be sober for at least 6 months (or 3 months if in treatment).
- No insurance requirements. Must be able to pay rent (ranging from \$300 to \$400) and daily living expenses.
- Will receive supportive services from staff, including weekly trips to the grocery store.
- 1-, 2-, and 3- bedroom units located throughout East Nashville.

### Supported Residential

- For adults with diagnosis of severe & persistent mental illness.
- Separate male house & female house, each housing up to 8, with 24/7 on-site staff support.
- **Requires TennCare** & rent payment of \$500 (includes food and utilities).
- No time limit to services, though TennCare must continue to authorize consumer's eligibility.