



Ph: 615-242-3576

Fax: 615-650-8917

[www.parkcenternashville.org](http://www.parkcenternashville.org)

# PROGRAM ELIGIBILITY

Park Center serves individuals 18+ years old with a diagnosed severe mental illness\*. Our programs are not appropriate for individuals with intellectual disabilities who have an IQ of less than 70.

**\*Qualifying Diagnoses include: Major Depressive Disorder, Bipolar Disorder, Schizophrenia, and Schizoaffective Disorder.**

## Co-Occurring Services

### Outpatient and Intensive Outpatient Programs (Park Center East)

- For adults with mental illness diagnosis and current/recent substance use.
- Offers intensive treatment regarding their co-occurring disorders including education, trauma groups and co-occurring groups.
- Intensive Outpatient schedule is Monday through Friday 9am-12pm. Outpatient Program is about 9 hours per week.

## Emerging Adults Services

### Emerge Program (Park Center North)

- For young adults ages 18-24 with diagnosis of severe mental illness.
- Offers skill building, social integration, recovery groups, and community outings M-F, 9am-3pm.
- **TennCare is accepted\***
  - \*Other payment options are also available.
- Focus on continuing education or pursuing employment.
- Not appropriate for individuals with intellectual disabilities who have an IQ of less than 70.

### Emerging Adults Housing

- For adults ages 18-24 with diagnosis of severe mental illness.
- Separate male & female housing units. One female unit includes 24/7 on-site staff support. Male units require the residents to have a higher level of independence, with staff checking in several times per week.
- Must have a history of mental health hospitalization OR a history of foster care OR have very low income.
- No insurance or income requirements (*if they have income, rent will be 30% of income*).



Ph: 615-242-3576

Fax: 615-650-8917

[www.parkcenternashville.org](http://www.parkcenternashville.org)

# PROGRAM ELIGIBILITY

Park Center serves individuals 18+ years old with a diagnosed severe mental illness\*. Our programs are not appropriate for individuals with intellectual disabilities who have an IQ of less than 70.

**\*Qualifying Diagnoses include: Major Depressive Disorder, Bipolar Disorder, Schizophrenia, and Schizoaffective Disorder.**

## Supported Employment

### Supported Employment

- For adults with severe mental illness and/or co-occurring disorders (mental illness and substance use disorder).
- Serves Davidson and Rutherford counties.

## Homeless Outreach

### SOAR (SSI/SSDI Outreach, Access, Recovery)

- For adults in Davidson County (not appropriate for those for whom physical disability is primary).
- Must have mental illness diagnosis and medical records for at least 12 months.
- Cannot have an SSI/SSDI case currently pending.
- Must be experiencing homelessness or in a housing crisis.

## Psychiatric Rehabilitation

### Psychiatric Rehab. Day Program (Park Center South)

- For adults with diagnosis of severe mental illness.
- **Must have TennCare insurance.**
- Offers employment training, skill building, and recovery groups M-F, 9am-1:30pm.
- Groups include Illness, Management, and Recovery (IMR), Wellness Recovery Action Plans (WRAP), wellness groups, anger management, yoga, art therapy, and 12-step groups for people with co-occurring disorders.



Ph: 615-242-3576

Fax: 615-650-8917

[www.parkcenternashville.org](http://www.parkcenternashville.org)

# PROGRAM ELIGIBILITY

Park Center serves individuals 18+ years old with a diagnosed severe mental illness\*. Our programs are not appropriate for individuals with intellectual disabilities who have an IQ of less than 70.

**\*Qualifying Diagnoses include: Major Depressive Disorder, Bipolar Disorder, Schizophrenia, and Schizoaffective Disorder.**

## Residential Services

**We are unable to house people who are on the sex offender registry.**

### Independent Residential

- For adults with diagnosis of severe mental illness.
- Must be sober for at least 6 months (or 3 months if in treatment).
- No insurance requirements. Must be able to pay rent (ranging from \$300 to \$400) and daily living expenses.
- Will receive supportive services from staff, including weekly trips to the grocery store.
- 1-, 2-, and 3- bedroom units located throughout Nashville.

### Supported Residential

- For adults with diagnosis of severe mental illness.
- Separate male house & female house, each housing up to 8, with 24/7 on-site staff support.
- **Requires TennCare** & rent payment of \$500 (includes food and utilities).
- No time limit to services, though TennCare must continue to authorize consumer's eligibility.