

STAKEHOLDER REPORT 2021

Our Mission: Empower people who have mental illness and substance use disorders to live and work in their communities.



www.parkcenternashville.org

Front Cover: Danielle Jackson, Director of Supported Housing (center) leads Park Center members to the Tennessee State Museum for their first outing since March 2020.

Letter from Will Connelly

One year ago, I joined Park Center and things were looking a bit rough. The tornado struck and damaged two of our buildings, the pandemic shut everything down, and our ability to help members was challenged by social distancing and the anxiety from COVID-19.

Fast forward to today. Members are back in person with almost everyone vaccinated. We have an 18-month strategic plan focused on improving our outcomes, spreading our message, and reinvesting in members, buildings and staff. Our first Stakeholder Report is designed to share the impact of the work we all do to make this community a better place. Please stay connected and reach out so we can make a difference together.



WILL CONNELLY, CEO

"I'm starting to love myself...every morning I look at myself in the

mirror and say 'Hello

Sweetheart'."

Harry

Harry is healing



HARRY, PARK CENTER MEMBER

It's June 2020, we are all stuck inside and staying safe, but struggling to stay upbeat at times. Park Center Member Harry was dealing with the same thing. Harry was watching TV and overeating.

One day Harry decided that he didn't want to do this to himself anymore; he would "get strict with myself" and change his habits for the better.

Harry quit smoking and began to eat healthier, incorporating salads and veggies while cutting out junk food. He limited his television viewing and now spends more time reading books and studying the Bible.

He also goes for a walk outside everyday. At first he was only able to walk a short distance, but now he walks for about an hour and a half every morning before coming to our Day Program. While in between groups in our Day Program, he walks up and down the halls at Park Center East to get more exercise. He also looks forward to helping with tasks within our Day Program. He especially enjoys being in the kitchen and learning to cook.

He's so proud of all that he's accomplished since June of last year, including losing 90 lbs! Harry is an inspiring person who shows that you can achieve what you set your mind to.



Supporting each other. Investing in recovery. Expanding our reach.

38 individuals rescued and housed after floods destroyed their homes

\$1 Million grant to expand street medicine and connect individuals with care they deserve

Our Permanent Supportive Housing program expanded to serve an additional 14 residents in low-barrier affordable housing. Following the destruction of encampments during the March floods, we filled those units immediately. In collaboration with other community agencies, Park Center provided intensive support and resources including rental assistance, laptops, and broadband.



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Seven new outreach

workers are canvassing

downtown Nashville to

find resources for those

experiencing housing

crises

Park Center is a community. We cannot do our work without the support of donors and volunteers.

Volunteers gave 1,829 hours to help Park Center.

Thank you to our 1984 Society and 365 Club Members. Your commitment makes a difference.

DATA AS REPORTED JULY 2020 - JUNE 2021

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Recovery From Mental Illness

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