

Park Center provides a continuum of care that offers individuals with co-occurring disorders of mental illness and substance use increased support and opportunities for recovery. Individual and group counseling is provided by licensed professionals. This program is certified as a Co-Occurring Disorders Capable program by the Tennessee Division of Alcohol and Drug Abuse Services and is Commission on Accreditation of Rehabilitation Facilities (CARF) accredited.



Intensive Outpatient Program (IOP) - This alternative to residential treatment is a 10-week program that takes place Monday-Friday from 9am to 12pm. IOP provides individual counseling, group counseling, educational groups, and ongoing access to an alumni group. Individuals must meet American Society of Addiction Medicine (ASAM) Patient Placement Criteria for this service.

Outpatient Program (OP) - provides people with individual counseling, group counseling, educational groups and ongoing access to an alumni group. This program is nine (9) hours per week. Individuals must meet ASAM Patient Placement Criteria for this service.

Who Is Eligible?

- Individuals (age 18 and over) with mental illness and substance use disorders
- Must meet American Society of Addiction Medicine (ASAM) Criteria for the requested level of service (IOP or OP)
- TennCare accepted, but not required

Make a Referral

To make a referral, visit www.parkcenternashville.org.

1. Complete a Release of Information (ROI) Form.
2. Complete the Online Referral Form.
3. Allow 48 business hours for our Intake Coordinator to follow up with you.

Why Choose Park Center?

Park Center offers people who have mental illness and substance use disorders a caring place to heal. Our focus is to empower individuals by providing the education and training they need to become self-sufficient and thriving