



Our Mission

Park Center empowers people with mental illness and substance use disorders to live and work in their communities.

Addiction Recovery Services

Park Center provides a continuum of care that offers individuals who have mental illness and substance use disorders. Individual and group counseling is provided by licensed professionals. This program is certified as a Co-Occurring Disorders Capable program by the Tennessee Division of Alcohol and Drug Abuse Services and is accredited by the Commission on Accreditation of Rehabilitation Facilities (CARF).

Intensive Outpatient Program (IOP) – This alternative to residential treatment is a 10-week program that takes place Monday-Friday from 9:00 am to 12:00 pm. IOP provides individual counseling, group counseling, educational groups, and ongoing access to an alumni group.

Outpatient Program (OP) – provides people with individual counseling, group counseling, educational groups and ongoing access to an alumni group. This program is nine (9) hours per week.

Referrals can be made at www.parkcenternashville.org/refer

www.parkcenternashville.org

615.242.3576



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Who is eligible?

Eligibility Criteria

- Individuals (age 18 and over) with mental illness and substance use disorders
- TennCare accepted, but not required

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