# IMPACT REPORT.

2022-2023

### Park Center

## STRATEGIC VISION

Focus on expanding its geographic reach

Be a leader in mental health, substance use recovery, and housing-focused solutions

Connect its suite of wrap-around services to provide an exceptional Member experience

Be an organization rooted in justice, equity, diversity, and inclusion

Secure the necessary funding to support current programming and identify opportunities for growth

Invest in the holistic professional growth of its staff



## 773 individual members served

### STRENGTH IN

NUMBERS...

74 members worked towards substance use recovery



214 members received support towards securing affordable housing



**176** members gained skills to better manage their mental health



**420** members experiencing homelessness accessed outreach services

**99** members received support towards securing competitive employment



39 Emerging Adults members received support

### SPOTLIGHTS



JESSIE MEMBER

Jessie was asked to leave her home when she was just 13 years old, married at 14, and then had a baby at 16. Jessie reflects daily on her unique journey of addiction over the last 34 years...human trafficking and sexual trauma. Underneath the weight of loneliness, Jessie was resilient. After 10 years of being trafficked, she saw her window of escape and ran for her life. She can hear the plastic wheels of her suitcase pounding the steps of the motel as she fled to the nearest hospital. That is where the healing started. Part of that healing was getting connected to Park Center's Intensive Outpatient Program (IOP).

It did not come without challenges though. After a few weeks she returned to use, but quickly came back to IOP with the strength to keep trusting herself and her new community. She was able to get housed in Park Center's Supported Housing program, and has graduated IOP. This time she is more committed than ever and talks about how possible things are for her. You can find Jessie sitting on the front porch at the Supported House, soaking up the morning quiet and thinking through next steps. She recently started working on her GED, and is excited to find more ways to grow her recovery network. With a big smile on her face, and tears of hope, she explains, "I know now you can't be fixed in a year, it's a process."



HANIYFA
VOLUNTEER

Haniyfa Muhammad Branka, CA has been volunteering with Park Center since September 2022.

Haniyfa joined Park Center's Associate Board soon after. When we asked Haniyfa about her experience, this is what she shared:

"I find aiding Park Center in its mission to empower people who have mental illness and substance use disorders to live and work in their communities the most rewarding experience.

I enjoy being involved in the process of building a community of people that are working together toward common goals. I enjoy volunteering at Park Center to help build more cohesive, safer, and stronger communities one person at a time. Their Emerging Adults and Housing Focused programs are bridging gaps for their members, focusing on their strengths and empowering them with the tools necessary for success. Park Center programs follow a person-centered and strengths-based approach. Participants are referred to as "members" of the Park Center Community which is an inclusive and welcoming term. Through volunteering at Park Center, I'm reminded of the importance of viewing life from the perspective of being supported, cared for, and included."

Haniyfa, thank you for your continued support of Park Center and it's Mission. We appreciate you and your dedication to the community.

## WE INVITE YOU TO BE PART OF OUR COMMUNITY

You are important to Park Center and we want you part of our community.

Your input and support are so valuable and we'd like to hear from you on ways you'd like to be involved, your communication preferences, and what drives you to support our mission.

We welcome you to scan the QR code, Ashley Blum, Director of Philanthropy, at 615-981-6162 or email dev@parkcenternashville.org to provide your feedback.

Click the blue "Share your feedback" button below to complete our survey!

### Thank you to our 1984 Society and 365 Club Members! Your commitment makes a difference.

\*Park Center Board Member in FY 2022-2023

#### 1984 Society

\*Amy Thompson

\*Barbara Daane

\*Bill Carver

BlueCross BlueShield of Tennessee Community Trust Brad and Lori Fishel Community Foundation of

Middle Tennessee

\*Diane and John Titus

\*Eric Werner

**HCA Foundation** 

\*Helen Gaye and Earl Brewster Eisenstein

Integrative Life Center Jane and \*Bill Young

James and Royce Fishel

\*Joanna and Anders Hall

John and Kassi Jackson

Joni Werthan

Julia Ann Hawkins

Katherine Griffin

\*Keith Maune

Kelly and Doug Berry

Kirby Davis

#### 1984 Society

Luke Froeb

\*Margaret and Robert Rolfsen Mental Health Cooperative National Health Care for the

Homeless Council

Pinnacle Financial Partners

The Dorothy Cate and Thomas Diane Luton Blum

F. Frist Foundation

The Doy and Margaret McCall

Family Foundation

The Honorable Daniel and Jill

The Marjorie Neuhoff

Foundation

Tracy Lawrence's Mission:

Possible

Truist

United Way of Greater

Nashville

Vanderbilt University,

Division of Government and Community Relations

William J. Jones, Jr

#### **365 Club**

Angela Bruni

Barbara Brockman

Brant and Caroline Bonetti

Catherine McCarver

Christine Feinberg

Cigna Healthcare

Don and Julie Hubbs

Dr. Sohee Park

Evan Holladay

Frank M. Andrews

GEICO, Geronzin Local Office

Healing Arts Project Inc.

Jane and Sam Stumpf

Janine Lucas

Jennifer Puryear

Jewish Federation of Nashville Foundation

Jill Haydel and Mac Dobson

Jim and \*Lori Shulman

Joni Werthan

Joseph Cole

Kay and David Raybin

Laurie and Jim Seabury III

\*Lisa S. Talbot

Lorena Infante Lara

#### **365 Club**

Lynn and Sam Bush

Amy Maden and Brian Williams Marc and Wendy

Overlock

Maria and Daniel Dunn

Martha O'Bryan Center

Mutual of America

Nan Speller

Pete and Stephanie

Greenfield

Phil and Mary Jane Duke

\*Phillip D. Suiter

Preston Evans

Renee Hunter

Robert and Jennie Garth

Robert Currie

Shirley Zeitlin

The Eisen-Wald

The Gause Foundation

United Way of the

Midlands

\*Webb and Donna

Campbell

Will H. Wright

Wilma Gilcrease

