



Park Center

A Community of Hope and Support

IMPACT REPORT

2024-2025

Since 1984, Park Center has offered pathways to independence for people facing mental health and substance use issues to reclaim hope, live, and work in their communities.



www.parkcenternashville.org

Letter From Amanda Bracht

On behalf of the Park Center Team, I'm proud to share our Impact Report for 2025. This report is more than a summary of metrics and milestones—it is a testament to the determination of our team and the support of our community partners.

During this past year, we have remained focused on our mission to offer pathways to independence for people facing mental health and substance use issues to reclaim hope, live, and work in their communities. Through collaboration, persistence, and creativity we delivered measurable progress that is making a tangible difference in the lives of our members.

Highlights of our impact this year include:

- Increase in number of individuals served.
- Member Spotlights that speak to the resilience and strength of those we serve.
- New Developments in housing and new programs.
- Roll out of our new logo, website, and marketing materials.
- Community recognition of our staff

Thank you for being part of this journey and thank you for supporting the important work of Park Center.

Sincerely,

Amanda



Amanda Bracht, CEO

Fun Memories



OUR IMPACT

843

Individual
Members Served

HIGHLIGHTS

- > 26% Increase in overall members served
- > 75% Increase in members who gained skills to better manage their mental health through our Day Program
- > 80% Increase in members who found competitive employment through our IPS Program.
- > 15% Increase in number of people housed
- > 94% Retention rate in our Permanent Supportive Housing

62

Members worked
towards substance
use recovery

274

Members found and
maintained
affordable housing

168

Members gained skills
to better manage
their mental health

331

Members
experiencing
homelessness
accessed services

176

Members found
competitive
employment of
their choosing

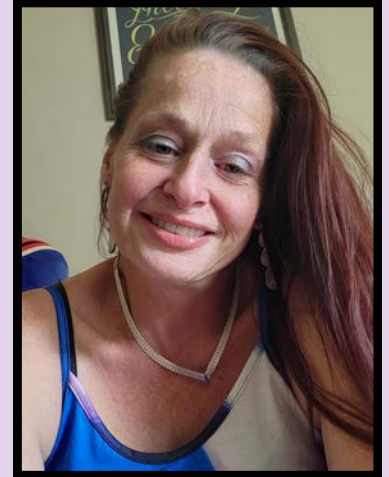
36

Emerging Adults
members received
support

Member Spotlights

Meet Cassandra

My name is Cassandra Hall. I am 44 years and this is my story. I was born in Los Angeles, CA on May 3, 1981. I was diagnosed with mental health issues at age 9. Started using drugs at age 12. Moved to Nashville at age 18 when I got out of foster care. My mother lived here in Nashville. I attended Aquinas College but couldn't complete due to getting pregnant at age 19. My mother put me out. So, I had a child with no support. My child ended up being removed from me by DCS at age 21. I met my first trafficker and stayed on the street of Nashville in drugs and crime until 2018. I caught a case where I was going to go back to prison. I had already served 4 years at TDOC. I didn't want to go back so I took a chance and started with Cherished Hearts Court Program. I went to a halfway house. I stayed there 1 ½ years then heard about Park Center. I applied, got accepted and haven't looked back since. I had another child and I now have a 5-year son.



With Park Center I have been able to get my SSI through the SOAR program. I get my mental health treated. Park Center support staff have enabled me to know that I am more than my disabilities and that I can overcome. Is everything perfect? No, but the support makes it easier and helps. There are good days and bad. Having a support system makes me feel as if the sky is the limit. Having people in your corner allowed me to make my choice to leave the old me and start a new so much better me. I am grateful for that. Thank you, Park Center.

Meet Larry



Larry's path to stability began in 2022 when he first connected with Park Center through the Homeless Outreach program. At the time, he was experiencing homelessness and struggling with substance use. With the help of his outreach worker, Larry was able to enter a treatment facility, marking the start of his journey toward recovery. Larry has now been sober since July of 2022.

In 2024, Larry took another significant step by moving into Park Center's Permanent Supportive Housing. In his new home, Larry continues to receive essential support from his Recovery Support Coordinator, helping him maintain his sobriety and work toward his goals. One of those goals was improving his health and well-being, and with a referral to Interfaith Dental, Larry was able to receive new dentures at no cost. This has greatly improved his ability to eat and boosted his confidence.

Larry is now actively working with Park Center's Supported Employment program, where he is receiving guidance and resources to find meaningful work. His dedication to his recovery and future success is truly inspiring, and he continues to make strides toward a brighter future.

Exciting Developments

Campbell House

In February, Park Center was thrilled to celebrate the grand re-opening of Campbell House, our newly renovated supported housing home for women at Park Center! Named in honor of the late Penny Campbell, a passionate advocate for human rights, this home will provide a safe, supportive space where women with serious mental illness can heal, grow, and thrive.



This May, Park Center launched the Peer Wellness program to help reduce health disparities among individuals with mental illness. The program offers one-on-one support, workshops, and wellness activities. Led by Peer Wellness Coaches with lived experience, it helps participants build the skills and confidence to manage their mental and physical health. This evidence-informed approach empowers them to lead healthy, purposeful lives.

Peer Wellness

NAMI Awards

Park Center's Emerging Adults Program and colleague Avionna Goodner were honored at the NAMI Davidson County Well Within Awards and Luncheon. The Emerging Adults Program received the Program Award for its innovation, initiative, and quality in supporting individuals and families facing mental health challenges. Directors Danielle Jackson and Julia Barlar accepted the award on behalf of their outstanding teams.

Avionna Goodner received the Jennifer Helfer Personal Courage Award for her strong commitment to showing that recovery is possible. Her work in our Permanent Supportive Housing program has made a lasting impact.



Avionna Goodner

New Look, Same Mission



In May, Park Center completed a years-long journey to update our logo and website. Informed by stakeholder and member input, these updates further highlight Park Center's commitment to offer pathways to independence for people facing mental health and substance use issues. To reclaim hope, live, and work in their communities.

Be sure to check out the new website!

www.parkcenternashville.org



Thank you to our 1984 Society and 365 Club Members!

Your commitment makes a difference.

*Park Center Board Member in FY 2024–2025

1984+ Society

Amy and Frank Garrison	James and Royce Fishel	Mr. & Mrs. William Carver
Amy Thompson*	Joanna Hall*	Pinnacle
Anne Andress*	Joni Werthan	Ryan Chapman
BlueCross BlueShield of TN	Kathy and Matt Dozier	The Dorothy Cate & Thomas F. Frist Foundation
Brad and Lori Fishel	Keith Maune*	The Marjorie Neuhoff Foundation
Building Impact	Kirby and Ann Davis	Thistle Farms
Eric Werner*	Lauren Ingram	Tina Cartwright
Helen Gaye Brewster*	Mr. & Mrs. Bill Young*	Truist
		Vanderbilt University

365+ Club

Adam Kan	Hub International	Sondra Cruickshanks
Amanda Bracht	Jan Liff	Steve Schneider
Anthony Rose	Jane Stumpf	TAADAS
April Jones*	Jarrett Fire	Tonia Klein
Ascension St. Thomas Behavioral Health	Jennifer McCoy	Tracy Kempf
Barbara Daane*	Jessica Walker	TrustPoint Hospital
Beth Shinn	Jill Haydel & Mac Dobson	Vanderbilt Behavioral Health
Bethany & Paul Walwyn	Joan B Shayne Foundation	Vanderbilt University Medical Center
Bluebird Technologies	Kandace Groher	Vicki Scruggs
Caroline Simmons*	Kelby Dover	Violet Gau
Chris Jagoditz	Kelly Hodges	Wayspring
Christian Paro	Laura Bermudez*	Webb Campbell*
Dani & Bennett Lieberman	LBMC	
Douglas and David Dempsey	Lori Shulman	
Dr. Jon and Susan Schoenecker	Lynda Jones	
Emily and Mark Griffin	Mack Pest Control	
Emily Bush	Marc & Wendy Overlock	
Forrest Gray	Margaret and Robert Rolfsen	
Frank Andrews	Mental Health Cooperative	
Fulmer Lucas Engineering	Mr. & Mrs. Ron Samuels	
Gray Thornburg	Mrs. James C. Bradford, Jr.	
Harry Lawrence	Nicole Tidwell	
HCA, Inc.	Phillip Suiter*	
Henry Martin	Relias	
Holly Geronzin	Renee Hunter	
The Honorable & Mrs. Daniel Eisenstein	Sheila Reuther	

DATA AS REPORTED JULY 2024 - JUNE 2025

