



# Park Center

A Community of Hope and Support

## IMPACT REPORT

### 2025-2026

Since 1984, Park Center has offered pathways to independence for people facing mental health and substance use issues to reclaim hope, live, and work in their communities.



[www.parkcenternashville.org](http://www.parkcenternashville.org)

# Letter From Amanda Bracht

I'm pleased to share highlights of Park Center's impact in 2026. Throughout the year, our team has remained focused on our mission to provide pathways to independence for people facing mental health and substance use challenges, empowering them to reclaim hope and build meaningful lives in their communities.

This year marked a significant milestone for Park Center. Through the collaboration, support, and shared vision of community leaders, partners, donors, and stakeholders, we completed two transformational housing projects that added 34 beds of affordable supportive housing. We proudly opened Powers Avenue, our first dedicated Recovery Home, and Park Center North, our largest housing development to date. These projects represent far more than new buildings—they provide safe, stable places where individuals can heal, recover, and move toward greater independence. They are a testament to what is possible when a community comes together with persistence, compassion, and a shared commitment to creating opportunities for others.



Amanda Bracht, CEO

Our programs continue to deliver meaningful results including:

- A 94% retention rate in our Permanent Supportive Housing program.
- Our SOAR Team, which helps members secure needed SSI/SSDI coverage ranks #1 in the nation for both approval rates and speed in decisions, significantly outperforming the national average.
- Park Center continued to provide a comprehensive continuum of care that supports members through every stage of recovery—from helping individuals experiencing homelessness access stable housing, to providing psychosocial rehabilitation services, to assisting them in securing meaningful employment.

Beyond these milestones, our dedicated staff continued to walk alongside our members every day, helping them build the skills, confidence, and support systems needed to achieve their personal goals. We are inspired daily by the resilience, determination, and courage of the people we serve. Their successes motivate us to strengthen our programs, expand our services, and respond to the evolving needs of our community.

As you read this report, we hope you will see not only the progress we have made, but also the lives that have been changed through the collective efforts of our staff, partners, volunteers, and supporters. None of this would be possible without your belief in our mission.

Thank you for being part of Park Center's journey. Together, we are creating opportunities, restoring hope, and building stronger, healthier communities.

Sincerely,

*Amanda*

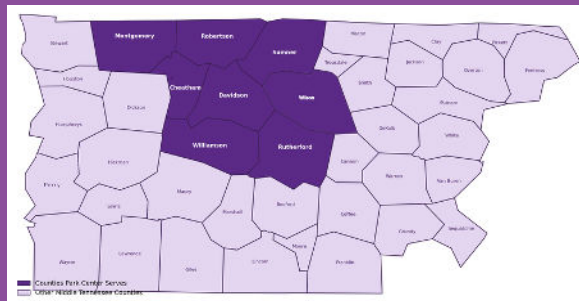


# OUR IMPACT

# 854

Individual  
Members Served

Park Center's primary  
service area includes  
8 counties in Middle  
TN surrounding  
Nashville.



- Davidson
- Cheatham
- Sumner
- Montgomery
- Rutherford
- Robertson
- Wilson
- Williamson

## HIGHLIGHTS

- > 21% Increase in members who found community and gained skills to better manage their mental health through our Day Program
- > 15.3% Increase in members who found competitive employment through our IPS Program.
- > 94% Retention rate in our Permanent Supportive Housing

## 60

Members worked  
towards substance  
use recovery

## 292

Members found  
and maintained  
affordable housing

## 204

Members found  
community and built  
skills in the PSR Day  
Program

## 230

Members  
experiencing  
homelessness  
accessed services

## 203

Members found  
competitive  
employment of  
their choosing

## 81

Members received  
Peer Wellness  
coaching

## 36

Emerging Adults  
members received  
support

DATA AS REPORTED JULY 2025 - JUNE 2026

# Member Spotlight

## Meet Eric



Hello, my name is Eric Huff. I'm 35 years old and I was born and raised here in Nashville, TN, and I have been with Park Center as a member (and now an employee) since September of 2023. My journey with Park Center began with the IOP program where I was able to learn the intricacies of addiction, mental health, and co-occurring disorders in a way that I never knew before. I was 32 at the time of beginning treatment here and had been using drugs, starting with marijuana, since the age of 13. I was then drinking alcohol a year later at 14 and had finally progressed to harder drugs such as cocaine and ecstasy when I was just 16 years old.

By the time I came to Park Center, I had been using drugs and alcohol for most of my life. I struggled with depression and anxiety as well as undiagnosed ADHD, and had compounded these issues with substance use and overdoses throughout the years, which seem to make my mental health even worse. I was with the Davidson County Mental Health Court program when I came to Park Center after being incarcerated for 4 months. Before jail, I had been kicked out of a halfway house and was homeless. I had lost my mom to cancer in Fall of 2021 and entered a downward spiral of grief and substance use until my incarceration in May of 2023. I had never been more lost and hopeless, and I was scared out of my mind of how things were going to be for me for the rest of my life. When I was released later that year, I was introduced to Park Center, and my life has truly never been the same since.

Prior to Park Center, I had been in and out of recovery since 2019, going to rehab multiple times and in and out of AA and NA rooms, but always managing to return to use. It wasn't until I became part of Park Center where I was truly able to achieve long lasting, consistent sobriety and recovery. Park Center's approach to recovery is unlike anything I had ever experienced before, focusing on a community-based approach instead of just the traditional 12-step method. I finally felt as if I was somewhere I belonged, not just tolerated. And that my presence there was truly as important as the person next to me, and not any more or any less. I learned about addiction and recovery from a clinical standpoint from people with both lived and learned experience, and that made recovery feel possible and inclusive instead of just hearing about other people's own individual "experience, strength, and hope."

Park Center provided counseling to help process the grief I was experiencing over the loss of my mother, which was deeply connected to the substance use and mental health disorders I was going through at the time. Not only that, but Park Center insisted that I remain a member with them long after I had graduated IOP, to ensure that I had positioned myself appropriately, with suitable psychiatric services and a workable program of recovery, to allow me to fully transition to being completely independent. In other words, Park Center loved me until I could love and support myself and continues to do so even now. Never before have I received that type of care from another program or organization, and it gave me the confidence and self-esteem I needed to see myself as I truly am: As someone who matters! This is the kind of support and care that anyone will receive being a part of Park Center, and I am thrilled beyond words to be working with the same organization that did so much for me and literally helped me get my life back. I owe the life I have now to Park Center, and for that I am truly and forever grateful. Thank you Park Center for everything you have done and continue to do!



# Thank you to all of the champions of Park Center this year!

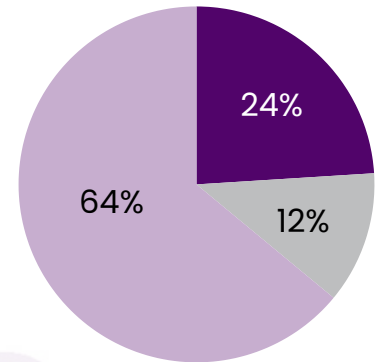
## Your commitment makes a difference.

### 1984+ Society

Anne Andress\*  
BlueCross BlueShield of Tennessee  
Center for Nonprofit Management  
City National Bank  
Community Foundation of Middle TN  
Eric Werner\*  
Gibson Musical Instruments  
HCA Foundation  
Helen Gaye Brewster\*  
James & Royce Fishel  
Joni Werthan  
Keith Maune\*  
Kirby & Ann Davis  
Kurek Clancy Charities  
Louise McKenzie  
Marc & Wendy Overlock

Mr. & Mrs. Bill Young\*  
Mr. & Mrs. William Carver  
National Auto Body Council  
Onsite Wellness Group  
Parking Management Company  
Pinnacle Financial Partners  
Streamline Healthcare Solutions  
Tennessee Titans One Foundation  
The Dorothy Cate & Thomas F. Frist Foundation  
The Eisen-Wald Foundation  
The Law Office of Jennifer McCoy, PC  
The Marjorie Neuhoﬀ Foundation  
Truist  
Webb Campbell\*  
Wise Owl Races

### Funding Sources



● Earned Revenue  
● Investment Revenue  
● Fundraised Revenue

### 365+ Club

Amanda Bracht  
Amanda Dyer  
Amy & Frank Garrison  
Amy Hertzog  
Amy Thompson\*  
Anastasia Brown  
Anne & Todd Bottorff  
Anne Robertson  
Avenue Construction  
Barbara Daane\*  
Belle Meade Express  
Ben Roberts\*  
Bluebird Technologies  
Bradford Family Foundation  
BrickTop's  
Cheryl Morgan  
Chezy  
Country Music Association  
Dana Blickwedel  
Dani Lieberman  
Daniel Keeley  
David Dempsey  
David Grooms  
David Sabin  
Deborah Carroll  
DK Designs  
Donald & Melinda Miller  
Dr. Chad Robbins Plastic Surgery  
Dr. Dave A. Alexander, Jr. & Beth Alexander  
Dr. Kirby Pate & Catherine Link

Duane Campbell  
Dudley White  
Dwight Wiles  
Emily Bush  
Frank Andrews  
Fanne Golde  
Fanne Golde Los Angeles  
George Hetzel  
George Ward  
Groups Recover Together  
HCA, Inc.  
Hugh Howser  
Jack Kenner  
Jayson Entertainment Group  
Jennifer Brett  
Jennifer Johnston  
Jennifer Predmore  
Jill Haydel & Mac Dobson  
Joanna Hall\*  
Joanna Wiley  
John Huie  
Joni Werthan  
Jordan Etters  
Josh Wilson  
Kim Barrick  
KraftCPAs PLLC  
Laura Bermudez\*  
Leslie Roberts-Dabrowiak  
Lisa & Mark Fly

Lisa Peerman  
Lori Shulman  
Mary Friskics-Warren  
Mary Leland Wehner  
Matthew Ussery  
Melanie Byerley  
Melanie Shelley  
Mental Health Cooperative, Inc.  
Michael Coleman  
Nancy Scofield  
Nashville Soccer Club  
Overwatch Precision  
Peregrine Health  
Phillip Suiter\*  
Pure Glow Refinery  
Relias  
Renee Hunter  
Robert Hoover Jr  
Samantha Thornton  
SESAC  
Steve Lassiter  
Tamara Reynolds  
Tiffany Dunn  
Toast and Taste  
United Way of the Midlands  
Vanderbilt Behavioral Health  
Virgin Hotels Nashville  
Weaver Barksdale  
Zanies

\*Park Center Board Member in FY 2025-2026

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# Exciting Developments

## Park Center North

In July, Park Center was thrilled to celebrate the ribbon cutting for the largest housing property in its history, Park Center North, just 364 days after breaking ground! This modern, apartment-style building will house 26 individuals living with mental health needs as part of Park Center's Permanent Supportive Housing program. It also includes a community room, offices, and a commercial space on site.



## Recovery House



In February, Park Center hosted an Open House for its first-ever Recovery House. The 9-bedroom house, located on Powers Ave in East Nashville, serves as a recovery "program with housing" for 8 adult men with a history of opioid use disorders who could benefit from mental health treatment, plus a house manager (Eric Huff - see our "Member Spotlight"). As part of the Permanent Supportive Housing program, members can live there as long as needed.

## Intensive PSH

In June 2025, Park Center signed a landmark agreement with Wellpoint, a TennCare (Medicaid) health plan in Tennessee, to provide intensive support for members with high mental health acuity who are no longer eligible for higher-cost supported housing group homes. This program serves members in Park Center's Permanent Supportive Housing (PSH) program with the goal of reducing hospitalizations by providing additional in-home support for members, above and beyond what is financially or operationally feasible in most permanent or affordable housing programs.



## TAMHO Awards



Maria Potvin (right)  
accepting her TAMHO award

In December, Senior Manager of Homeless Outreach Maria Potvin was recognized with a Personal Courage Award by TAMHO (Tennessee Association of Mental Health Organizations).

This award recognizes individuals who have demonstrated courage in the face of their own mental health challenges to provide leadership, advocacy, or support to others within Tennessee's public service delivery system. It honors those who use their personal experiences to effectively help and inspire others on their recovery journey.